

Sharing the Journey

~ a programme for family and whanau

This informal programme, held over 3 different days, is designed to assist families as they care for their loved one throughout their palliative journey. Come along to ask questions and increase your understanding in a safe, supportive environment.



Communicating with
Health Professionals

Tricky
Conversations

Financial **What to Expect**

Matters

How will I Cope?

Helping People Move

Personal Care

Managing Pain & Other Symptoms

Day One: 10 August at Rotorua Hospice

11:00 – 2:00

Day Two: 17 August at Rotorua Hospice

11:00 – 2:00

Light lunch will be provided (or feel free to bring your own food if you have preferences)

**Day Three: 24 August - Informal gathering at
Columbus Coffee (in Mitre 10)**

11:00 – 12:00

Tea or Coffee Provided

Participants are welcome to attend for a single day.

For more information or to register email info@rotoruahospice.co.nz
or phone Donna 073436591 ext 1

Hospice Companions may be available to be in your home while you attend – please ask if interested