

## Hospice NZ Fundamentals of Palliative Care Workshop Series

This series of workshops is aimed at staff working within a palliative care setting. It is truly a multidisciplinary education resource.

### DAY ONE:

**Tuesday 15 June - 0830 - 1600**

- Essence of Palliative Care 0830
- Ethical Issues in Palliative Care 1100
- Pain & Symptom Management 1330

### DAY TWO:

**Tuesday 22 June - 0830 - 1600**

- Palliative Care for People with Chronic Illness 0830
- Palliative Care for People with Dementia 1045
- Communication Skills 1300

### DAY THREE:

**Tuesday 29 June 0830 - 1600**

- Last Days of Life 0830
- Loss & Grief 1015
- Introduction to Spiritual Care 1215
- Caring for Ourselves 1415
- Reflection & Closing 1545

**\*\* Please Note\*\***

**Printing of workbooks is at your own cost.  
You will need to bring your lunch with you**

**Previously missed a session?  
You may enrol for individual sessions.**

### COVID - 19

Hospice, and the services many of you work for support vulnerable people and we have very strict protocols in place to prevent the spread of Covid-19.

Please do not attend any sessions if you have any symptoms of Covid-19, even if you consider them trivial. If you need to discuss whether you should attend, please phone 07-343-6591.

Please do not come into the building.

All courses are held at Rotorua Community Hospice, 1469 Hinemoa Street, Rotorua. When attending a training, please use the on-street parking.

There is no charge to attend most education sessions for people living and/or working in the Rotorua area.

Requests for palliative education are invited. Please contact Cathie.

To register for any of our courses or for more information please visit our website

[www.rotoruahospice.co.nz](http://www.rotoruahospice.co.nz)

or contact

Donna & Cathie -  
[info@rotoruahospice.co.nz](mailto:info@rotoruahospice.co.nz)

Rotorua Community Hospice Trust

PO Box 1092, Rotorua 3040

Phone 07 343 6591 – Option 1

Fax 07 347 8377

## Palliative Care Interprofessional Education Programme Apr – Jul 2021



rotorua  
community  
**hospice**  
Living Every Moment



## Syringe Driver Competency Workshops

(Endorsed by Hospice NZ)

These workshops will assist nurses who use syringe drivers in their day-to-day work to increase their knowledge, skills and to achieve competency in the use of Niki T34 subcutaneous syringe drivers for palliative care.

**\*\*Please Note:** Nurses are required to submit the pre-course work before you can enrol on the practical workshop\*\*

**Practical workshops are held on the first Thursday of each month starting at 10am**

**1<sup>st</sup> April, 6<sup>th</sup> May, 3<sup>rd</sup> June, 1<sup>st</sup> July**

Contact us for your copy of the pre-course work & written assessment papers, which need to be back to us at least one week before your workshop date.

**Places are limited on the Syringe Driver Workshops**



## Breakfast Sessions

This education opportunity is designed for healthcare professionals with an interest in palliative care.

These are held at Hospice on the **first Thursday** of the month from February to December.

The lecture (delivered via webcast) is from 7.30am – 8.30am and is free of charge.

**May** – Nutrition & Hydration In Palliative Care

**June** - Frailty and Older People: Opportunities and Challenges for Specialist Palliative Care

**July** - Mauri Mate: Framework in Practice

*Keep an eye out for the flyer at your work place or register your interest to go on the mailing list for these lectures.*

## Clinical Focus Workshops

**4<sup>th</sup> Wednesday of each month starting at 3.45pm**

April – Anxiety & Depression

May – Pain

June – TBA

July - Delirium

***Bookings are preferred for the Clinical Focus Workshops – thanks.***

***Watch out for the flyers at your workplace.***

## Walking with Tupuna

**A study day presented by Tau Huirama**

**1 June 2021**

**0930 hours – 1500 hours**



Born in the Waikato, Tau is of the Tainui Waka of the Hapu Ngati Tamainupo and Ngati Maniapoto heritage. His experiences have come through both his personal and whanau life and his work locally, regionally, nationally and internationally.

This **study day** with Tau will enable you to -

- \* have a better understanding of Maori approaches to the end of life
- \* be better able to engage and support people with spiritual conversations
- \* understand yourself and engage with others whose spiritual, religious or cultural beliefs or experiences may be different
- \* understand the importance of wairuatanga
- \* listen, share, and learn from each other

**Places are strictly limited**

Please register by emailing Donna & Cathie  
[info@rotoruahospice.co.nz](mailto:info@rotoruahospice.co.nz)

Venue: Rotorua Community Hospice 1469 Hinemoa St, Rotorua.

Cost: \$90 after 1 May, discounted to \$80 for registration by 30 April.

Lunch, Morning and Afternoon Tea provided, please make any dietary requests when booking.