

He iti noa ana na te aroha

In memory of Denise Jenkins & Tahae Tait & in the words of their daughter, Sherry Tait

Words will never do our gratitude justice. Eight months ago my life changed, we prepared to lose both of our parents.

"I can honestly say that I would not have made it through this journey without the amazing support our whānau received from the beautiful nurses at Hospice."

We had no idea of what was to come, I had never thought about what is involved with preparing someone in their final days, let alone two of the most important people in my life. Hospice came in and helped comfort and teach us how to care for our loved ones. Every nurse that came to our house was respectful of how we wanted to care for our parents, they were understanding and most of all embraced our tikanga and cultural values.

When Mum died, I thought I had to do everything. We had a plan ready but I couldn't do it. Cathy (Hospice Nurse) stepped in because she knew I needed her to. She stayed with me until I was okay. She understood the cultural aspects like not leaving the body alone, I didn't have to explain - she already knew.

When Dad was in his last days, Cecilia (Hospice Nurse) would offer to come and visit us.

There were at least 30 people in the house and she would go around to every single one of them and mihi everyone. Her interpersonal skills were amazing. The whole whānau loved her. I honestly felt like she was my Nan, looking back now I realise that these small gestures of love and kindness are the moments I will hold on to forever. In our darkest hour, Hospice were the light that helped us through.

Sherry and her whānau donated three pictures to Rotorua Hospice which hang on our walls and are shown in the photos above. In a card, Sherry wrote:

- 1) The purple drawing represents the Hospice and everyone involved with supporting not only our whānau, but also my friends mother Whaea Merania Pakinga.
- 2) The blue and green drawing represents mum and dad joined together once again. Like a really sad love story.
- 3) The green drawing represents our family and the depiction of all of you who cloaked us with support and love.

Rest in Peace

Denise Jenkins 07/10/1952 - 18/05/2018
Tahae Tait 20/05/1950 - 25/06/2018

WHAT'S INSIDE THIS ISSUE?

What you have helped us achieve this year

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Remembrance Trees - where you can find us

FOLLOW US ON SOCIAL MEDIA



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www.instagram.com/rotoruahospice

OUR NURSES
SUPPORTED
188
PATIENTS
P/MONTH



YOU HELPED PROVIDE
CARE TO
311
NEW PATIENTS
AND THEIR
WHĀNAU

WE TAUGHT
641
EDUCATION
HOURS

48%
OF PATIENTS WERE
NON
CANCER
DIAGNOSES

THANKS TO
YOU
\$832,000
WAS MADE IN
FUNDRAISING

YOU VOLUNTEERED
11,044
HOURS OF YOUR
TIME & EXPERTISE

THANK YOU FOR HELPING US TO ACHIEVE THIS!

Introducing Mandy

Mandy spent her first year as a registered nurse (RN) at Rotorua Hospice. Here's what you have helped Mandy to achieve:

I first came to Rotorua Community Hospice as a third year nursing student and felt truly blessed to be able to return as a new graduate nurse at the beginning of the year. My colleagues are exemplary, highly skilled and have been extremely supportive and encouraging during my first year as a RN – I could not ask for a better team to work alongside.

"Rotorua Community Hospice practices the definition of holistic care and it is an honour to be a part of this service to my community."

I have also been part of the Nursing Entry to Practice (NETP) programme supported by the Lakes District Health Board.

This has further ensured I have been well supported as an RN and allows me to proudly say I have kick-started my post-graduate studies also!

Sharing experiences and education sessions with my peers and the NETP coordinators has been fundamental in my learning and growth and has guaranteed that I have continued to evolve and develop in my role as a palliative care nurse.

My experience with Rotorua Community Hospice as a new graduate nurse has been extremely positive and I am proud to educate and share with others about the work we do in our community. It is an absolute privileged position to be able to work with people in their homes, to understand and advocate their wishes and to help our patients and their families truly live every moment!



Are you looking for a gift that keeps on giving?

The heartwarming story behind the Farmers Limited Edition Bauble will have you sold

Two years ago, eleven-year-old Myesha Wilson's life story changed forever when her mother Kat died from cancer.

Myesha and her older brother Riley became involved with play therapy services at Waipuna Hospice during their Mum's illness. Their father Craig credits Hospice with getting the family through such a difficult time.

During a 2017 art workshop at Waipuna Hospice in Tauranga, the children were asked to draw what a kiwi Christmas meant to them. Many drew Christmas Trees, decorations and presents. Amongst the drawings Myesha Wilson, who was then 9 years old, stood out for her picture of a heart.

'My Kiwi Christmas is a heart because it's not about presents, it is about spending time with your family' - said Myesha.

Myesha, Riley and their dad Craig still maintain a close connection with Waipuna, working with the counselling and family support team. This ongoing support is a common part of Hospice services as care for family and whānau both before and after the death of their loved one is an important focus.

Hospices aim to help people make the most of their lives; to live every moment in whatever way is important to them.

Myesha and her family are proud to remember their mother and help raise funds during hospices largest annual fundraising campaign with Farmers.

On sale in Farmers stores and online they are just \$10 with 100% of the purchase price supporting Hospice. Don't miss out!



DECEMBER LOCATIONS

Now until Christmas Eve

Farmers Rotorua

Fresh Choice (donation boxes only)

20th - 23rd

Countdown Fairy Springs

Countdown Central Mall

Countdown Fenton St

New World

20th & 21st

Pak n' Save

Events

Carols by Candlelight (14th)

Night Market (20th)

Kuirau Park Saturday Market (22nd)

Trees of Remembrance

Christmas is generally the time of year when we think of people who won't be with us during the festive season - they may have died, they may be living overseas or in other parts of the country, or perhaps just can't be with you at this time of year.

The Tree of Remembrance is a way to honour those we think of and to support Rotorua Hospice.

Our local Farmers store and other community sites host a Tree of Remembrance. Customers are given the opportunity to make a donation to Hospice and remember someone special during the festive season by writing a message on a card and hanging it on the tree.

Rotorua Farmers has a dedicated Tree of Remembrance in store from the 15 November until Christmas Eve to display your message for friends and family and the community to see. Check out our other locations and dates to the left.

100% of everything donated remains within the community supporting Rotorua Hospice and ensuring our services remain free of charge.



Thank you for all your support!

You have attended, organised, created, supported, volunteered and made possible our events. Thank you!



**MITRE10 MEGA ROTORUA
LADIES NIGHT**

\$6,430



**EVENT PROMOTIONS
LEDLENSER RUN BENEATH
THE STARS**

\$3,000



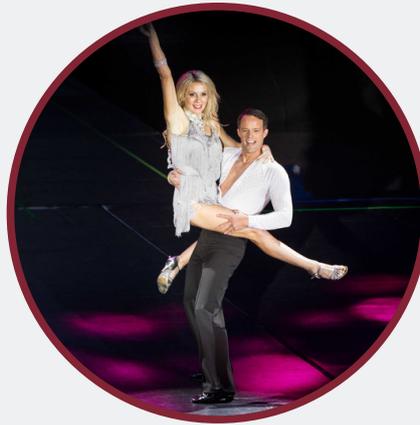
**CRAIGS INVESTMENT
PARTNERS HOSPICE GOLF
CLASSIC**

\$17,700



JO SEAGAR ON TOUR

\$4,000



**HARCOURTS DANCING
WITH THE STARS**

\$140,000



STREET APPEAL

\$5,600

Peter Reynolds Memorial Art Exhibition and Sale

Peter was a local Rotorua artist and interior designer, a humble man who loved his work and was a great example of living every moment in the way that was important to him. He passed away in Hospice care in 2014.

In 2017, the Rotary Club of Rotorua West held the first Peter Reynolds Memorial Art Exhibition with the proceeds benefiting Rotorua Hospice. Over \$10,000 was raised from the sale of art pieces as well as a collection of donated artworks that now adorn the Rotorua Hospice walls in the new building on Hinemoa Street.

As we go to print, preparations are underway for the 2nd annual art exhibition. The exhibition will be open to the public on Saturday 1 and Sunday 2 December at Haupapa House, 1172 Haupapa Street. Entry is by gold coin donation with proceeds once again going to Rotorua Community Hospice.

A big thanks to the organising committee and the team at Rotary Club of Rotorua West.



\$10,000 + ARTWORK



Training day for our first ever volunteer Life Biographers!
 Back row (L - R): Jo Cameron, Jocelyn Wilding, Janine Glyde, Leanne Mulcahy, Jon Olphert, Alex Madden & Martin Johnston (trainer).
 Front row (L-R): Jenny Cook (trainer), Jules Millar, Jessica Pickering & Sue McKenzie.

You have written us into the history books!

In 2018, our new Life Biography Service for patients was launched.

We now offer the opportunity for patients to tell their story and have it recorded for their loved ones. Our biographers are trained volunteers who allow our patients to reflect and prompt memories of their lives.

We interviewed one of your new volunteer biographers, *Alex Madden*, to find out what it is all about.

Why did you decide to volunteer for the Life Biography Service?

I have been looking for an opportunity to give something back to the community. When I read that Rotorua Hospice was setting up a Life Biography Service, I thought it would be most worthwhile giving patients the opportunity to share and reflect on important moments in their lives. It is a privilege to have their trust.

What is the Life Biography Service all about?

When a person is facing their own mortality, it is often a time they contemplate their life, joys, sorrows, achievements etc. This is where the Life Biography Service can assist patients to reflect and talk about things that are important to them. The biographer records their stories and faithfully transcribes them in the patient's own words. If they wish, their story can be produced into a booklet which they can share with their families.

How do you think patients and their whānau might benefit?

The benefit to the patient is giving them a voice, especially as so much of their time and energy is spent in looking after their physical health. It also provides an opportunity to bring the patient and their family and whānau closer together, to share the stories and acknowledge the patient's life and contribution. In some cases some of these stories have never been heard before. Because the booklet is produced in the patient's own words, it is authentic.

What are you looking forward to most about being a volunteer with Rotorua Hospice?

It will be humbling to have patients place their trust in me and open up and share their life stories. I think I will receive a lot more than I give.

Thank you for partnering with us (2017 - 2018)

HOSPICE NZ GRANTS PROGRAMME

PROUDLY SUPPORTED BY



\$6,976

Syringe drivers for administering pain relief

\$10,000

Electronic patient database system



\$20,000

Harcourts Dancing with the Stars & patient chairs for Day Stay



\$60,000

Towards wages for six months for clinical team members



\$4,000

Towards operational costs



\$1,675

Towards fuel for one nurses vehicle



\$50,000

Towards wages for six months for two nurses.



\$30,000

Towards audio-visual for Harcourts Dancing with the stars



Will you help keep a nurse on the road?

Every year, with your support we need to raise \$900,000 to ensure we can deliver our services free of charge to people like Denise Jenkins and Tahae Tait featured on the front cover.

As you know, we care for anyone with a life limiting illness as well as their whānau and friends, both before and after death.

With more funding, we can reach more people who need our support.

Will you donate today and keep a nurse on the road this Christmas?

With your help, we can care for 311 new patients each year and ensure they live every moment in whatever way is important to them.

Please fill in the donation form attached to the freepost envelope. You can donate via cash, cheque, credit card or direct deposit.

\$25

can buy a box of 100 syringes to dispense medicine

\$65

can provide consumables such as gloves, syringes and bandages for a patient

\$150

can pay for a nurse to visit 4 - 6 patients in their own homes

\$500

can pay for a nurse to visit 15 - 20 patients in their own homes

You helped raise \$140,000 through Harcourts Dancing with the Stars

This is a true community event - from our audience, to our wonderful group of sponsors who donate goods, time and services, to our committed volunteers and of course, our impressive dancers!

We thank you from the bottom of our hearts for making this night possible. A special mention to our photographers; Tracey Robinson, Michelle Cutelli, Alick Saunders and Troy Baker and to the following dedicated sponsors:

Principal Sponsor

Harcourts Rotorua

Platinum Event Partners



Gold Event Partners



Official Suppliers



Dancers' Sponsors



Supporting Sponsors

• St Bruno Salon • Level 13 • Beauty on Hinemoa • Toi Ohomai Institute of Technology
 Westbrook School • Quest Rotorua Central • Novotel Rotorua Lakeside • Lakes Medical Services Trust • Living Colour
 Pictive • Rotovegas Boxing Gym • Mitre 10 Mega • Xquisit • Western Heights High School • Ticketmaster



Living Every Moment

Rotorua Community Hospice

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 E: admin@rotoruahospice.co.nz
 W: www.rotoruahospice.co.nz

Shop Locations & Opening Hours

1134 Eruera Street
 Mon - Fri 9:30am - 4:00pm
 Saturday 9:30am - 2:00pm
 P: 07 346 2461

288 Te Ngae Road
 Mon - Fri 9:00am - 4:00pm
 P: 07 345 - 3546